



hti Health Tourism Industry

ESPA
EUROPEAN SPAS ASSOCIATION

SLOVENIAN SPAS

The coronavirus pandemic is the historical time for revival and recognition of Balneology and climate health resorts

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Economic results – updated medical programs

<p>The last two years show a fall of 30%-40% in arrivals because of lockdowns, travel restrictions and “distance” management.</p>	<p>Study among 50,000 participants-patients who had to forgo their spa cares (vs patients benefited from spa cares) declared that their pain and symptoms had worsened was significantly higher (63.5% vs 13.4%).</p>	<p>Their ability to perform daily tasks was also significantly reduced as well as their quality of life.</p>
<p>Patients who had to give up on spa cares exhibited an increase in the number of consultations with health professionals (26.5% vs 8.3%) as well as in the consumption of drugs (30.1% vs 6.5%).</p>	<p>ESPA Members are offering LONG Covid programmes, concentrating on respiratory, cardiovascular, mental health, obesity 2-3-4 weeks programs.</p>	<p>Mental health became a central part by Long Covid programs, the demand is growing quickly.</p>

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Competences of medical spas, climate health resorts

Prevention, therapeutic trainings in order to reduce the cost of Chronic diseases.

Integration of modern BALNEOLOGY in Health policy as the most valuable health true contribution in fighting against the greatest threat to mankind- post corona treatments.

Prevention, healing and promoting the general health can become reality if the cultural heritage of Europe- natural remedies, the tradition of Spa medicine with the principles obtained their historical importance, recognized in today's health policy.

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CORONA RECOVERY CONCEPT in European Medical Spas

Medical spas, climate health resorts address all aspects of patient care (respiratory, motoric, skeletal, cardiovascular, gastrointestinal, immunological, detoxification, stress control, mental health with all areas of Balneology.

BALNEOLOGY is initiating a comprehensive rehabilitation program for the primary as well as the side effects of Corona virus infection and in the aftercare of cancer, obesity etc.

Medical spas, physical rehabilitation centers based on know-how in combination with use of natural remedies are an effective, long lasting, not cost intensive method of sustainable medical care in disease prevention, in physical rehabilitation and to treat chronic diseases.

Traditional and proven non-invasive medicine must be a priority (considering the reduction of costs of medication and drug consumption as well)

**BALNEOLOGY is a unique knowledge
EUROPEAN CULTURAL HERITAGE**

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Health tourism in Europe – ECONOMIC AND SOCIAL IMPACT

Offering a truly unique positive effect on people's wellbeing

Health for body and mind!

Eating healthy, recreation, finding balance in spectacular surroundings with basic elements of local remedies with healing effects

Thermal baths, thalasso, nutrition, activity in the nature fit the trends, where strengthening the immune system becomes increasingly important

Health tourism serving citizens, regions, national and international demand – By effective integration of citizens good opportunity to learn / practice a healthy lifestyle

